

HAYDUKE TRAIL & GRAND CANYON TRAVERSE | GEAR LIST | FINAL

Worn/Carried	Item	Mi 0-325	Mi 325-800	Pre-Hike Comments	Post-Hike Comments
Base Shirt	CW-X S/S LiteFit	4.5		Adds core warmth for very low bulk	Not cold enough to need - shipped back
Shirt	Coolmax L/S shirt	8.1	8.1	Integrated balaclava; thumb loops	Loved it
Baselayer Bottom	Coolmax/lycra shorts	4.2	4.2	Brush protection; warmer than short shorts	Too heavy a knit, bike short-like; too warm
Pants - Trekking	GoLite (can't remember name - old model)	9.2	9.2	Great stretch; for shrubbery, cold days	Wore 90% of time - saved my legs
Headwear	Headswears Supervisor	1.8	1.8	Sun not intense enough to warrant ProTech	Would carry ProTech instead next time
Watch	High Gear Summit watch	2.1	2.1	Altimeter, barometer, temp, digital compass	Always helpful
Eyewear	Native Eyewear Hardtop sunglasses	0.9	0.9	Protection from sun and snow glare	Essential
Trekking Poles	Backpacking Light STIX (115 cm)	8.4	8.4	UL, super stiff; added after-market tip	Shocked I didn't snap them given terrain
Shoes	La Sportiva Raceblade (size 11.5)	27.8	27.8	Sticky outsole, low-to-ground, well draining	Low-to-ground, great traction was essential
Socks	DeFeet Coolmax EcoMade Air-E-Ator	1.6	1.6	Dry very quickly; very low h2o absorption	Must wear socks in sandy conditions
Gaiters	Simblissity LevaGaiter	1.8	1.8	Keeps dirt, sand, sticks out; UL	Love 'em
TOTAL		70.4	65.9		
Other Clothing	Item	Mi 0-325	Mi 325-800	Pre-Hike Comments	Post-Hike Comments
Windshirt	GoLite Ether Wind Shirt	3.4	3.4	Wind protection; more warmth	Better as 2nd layer than another poly shirt
Rain Jacket	GoLite Phantom	13.5	13.5	Want fully-featured coat for snow, cold rain	Lucky - never used. But I'd take it again.
Insulated Top	GoLite Hooded Inferno (prototype; modified)	20.8	20.8	Very warm, much thanks to hood	Awesome jacket
Pants - WP/B	GoLite Shadow	8.0		Third layer for frigid temps; for precip	Wasn't using - shipped home
Rain Skirt	Tall kitchen trash bag	0.0	1.0	-	Much lighter than pants; works in a pinch
Liner Gloves	DeFeet Coolmax Duraglove	2.5		Will not get as torn up by trekking poles	Great gloves but big mitts were adequate
Insulated Gloves	Backpacking Light FeatherLite Vapor Mitts	3.9	3.9	Cold nights, mornings; cold rain, snow	Sent liners home; wore these more often
Extra Socks	DeFeet Coolmax EcoMade Air-E-Ator	1.6	1.6	Wearing one pair; other drying on pack	Good system in arid desert air
Neoprene Socks	Serious Stormsock	3.3		For in-river/crk walking, snowshoeing	Too few wet sections to justify
Snow Floatation	Northern Lites Backcountry snowshoes	45.4		Pays for weight by avoiding any postholing	Didn't need for Henry Mtn's; shipped home
TOTAL		102.4	44.2		
Packing	Item	Mi 0-325	Mi 325-800	Pre-Hike Comments	Post-Hike Comments
Pack	GoLite Pinnacle (modified)	25.2	25.2	Extra volume for food, water, winter clothes	New features: waist belt pockets, mesh back
Pack Liner	Trash compactor bag	2.3	2.3	Pack liners work far better than alternatives	Very durable - one bag went the whole trip
Stuff Sacks	Stuff sacks for quilt, accessories, pot, food (2)	3.2	3.2	Keep things cleaner, dryer, organized	-
Waterproof storage	Alokosaks for TP, camera, and maps	1.1	1.1	For precip, canyon pools, river fords	Very wise to bring for electronics
Item storage	Ziplok bags for day's food, maps/guidebooks	1.2	1.2	Packed inside liner; no need to be H2O-proof	-
Closure bags	MicroZip 2"x3" bags for IBU/NoDoze, gum	0.2	0.2	Perfect size	-
Eyewear	Sunglass case	2.3	2.3	To protect expensive glasses	-
TOTAL		35.5	35.5		
Sleeping	Item	Mi 0-325	Mi 325-800	Pre-Hike Comments	Post-Hike Comments
Bag	GoLite Ultra 20-degree quilt (2009 prototype)	21.8	21.8	More versatile than mummy; can take to 0 F	Great system of quilt, jacket, bivy
Bivy	Mountain Laurel Designs custom Superlight Bivy	8.0	8.0	Wind, dirt, bug/insect protection	Cowboy camped for all but 27 of 32 nights
Pad	Gossamer Gear NightLight pad (30" x 19" x .75")	3.6	3.6	Adequate with soft campsite	Wanted fresh pad by end - flattened out
TOTAL		33.4	33.4		
Shelter	Item	Mi 0-325	Mi 325-800	Pre-Hike Comments	Post-Hike Comments
Shelter	GoLite Lair 1 (modified: 2-sided A-frame)	8.8	8.8	Adequate protection with wise campsites	Pitched just 4 times
Guylines	Air Core 2 spectra (.01 oz/ft) w/ 2 cord locks	0.3	0.3	Unmatched weight-to-strength	-
Stakes	6 Y-stakes, 2 Ti skewers	3.3	3.3	Likely to camp on sand, soft dirt, snow	All Y-stakes next time
TOTAL		12.4	12.4		
Hydration	Item	Mi 0-325	Mi 325-800	Pre-Hike Comments	Post-Hike Comments
Bottles	2 x 2.4-L Platypus bottle (1.3 oz each)	2.6	3.9	BPA free; unmatched volume/weight ratio	Punctured one on yucca plant - repaired...
Bottles	1 x 1L Platypus bottle	0.9	0.9	Prefer 1L for drinking, 2.4L for storage	...with Krazy Glu and duct tape, no prob

Purification	Aqua Mira drops in .2-oz BPL dropper bottles	0.4	0.4	Effective, UL treatment	Some gross water out there
TOTAL		3.9	5.2		
Cooking	Item	Mi 0-325	Mi 325-800	Pre-Hike Comments	Post-Hike Comments
Stove	Homemade Alcohol Stove (one-piece cat can)	0.3	0.3	Super reliable, and cheap	Great kitchen system - UL, reliable
Pot	Evernew Ti .9L pot with lid	3.4	3.4	Been using for years; perfect size, shape	-
Fuel Bottle	Fuel bottle (Dansani 8-oz)	0.7	0.7	Need ~.7 oz fuel per day	-
Wind Screen	Aluminum foil windscreen	0.3	0.3	Cheap, disposable, lasts ~10 days	-
Utensil	Lexan spoon w/ shortened handle	0.3	0.3	Oversized bowl for efficient calorie delivery	-
Flame starter	20-count match book	0.2	0.2	UL; easier to ignite stove than w/a lighter	-
TOTAL		5.2	5.2		
Recording	Item	Mi 0-325	Mi 325-800	Pre-Hike Comments	Post-Hike Comments
Photo & video	Panasonic Lumix LX3 (w/battery and SD card)	9.4	9.4	High-end compact: 10 MP, 24-60 mm, RAW	Love everything except limited 60mm zoom
Audio	Olympus WS-210S DVR w/battery	1.7	1.7	More efficient than paper journal	New model - cheaper, more memory
Writing	Bic Pen	0.2	0.2	Wish I could find a short UL pen	It works
TOTAL		11.3	11.3		
Lighting	Item	Mi 0-325	Mi 325-800	Pre-Hike Comments	Post-Hike Comments
Primary Light	Petzl Tikka XP w/ 3 x Li AAA batteries, no strap	2.3	2.3	<12 hrs light at start; will be night-hiking	Didn't do much night hiking, but glad I had...
Strap	Waist strap for Tikka XP, rather than headband	0.8	0.8	Better depth perception	...a bright LED when I did
Secondary Light	Photon Freedom LED light w/ visor clamp	0.7		For camp, map reading when night-hiking	Shipped home - didn't need 2 lights this time
TOTAL		3.8	3.1		
Hygiene, Med, Misc	Item	Mi 0-325	Mi 325-800	Pre-Hike Comments	Post-Hike Comments
Toothbrush	Toothbrush	0.3	0.3	Twice a day	-
Toothpaste	Dropper bottle for Dr. Bronner's soap	0.2	0.2	Multi-purpose	-
Topical treatments	Balm jars for SPF50, Hydropel, Sportslick, lips	0.8	0.8	Skin protection, chafing, maceration	Hydropel not needed - feet stayed mostly dry
Multi-use Tape	3 feet of duct tape	0.3	0.3	Multi-purpose	-
Skin Tape	1 foot of Luekotape	0.1	0.1	Great skin tape	-
Glue	Single-use Crazy Glue	0.1	0.1	Multi-purpose	-
Knife	Victorinox Classic penknife	0.7	0.7	All that I ever need; peeled off 1 side-tab	Glad I carried the tweezers
Communication	SPOT Satellite Messenger	6.8	6.8	Too remote, risky, worry-inducing to not take	Favorite item among parents, friends
TOTAL		9.3	9.3		
Miscellaneous	Item	Mi 0-325	Mi 325-800	Pre-Hike Comments	Post-Hike Comments
Wallet	Alokosak 4x5	0.4	0.4	Need to have things waterproofed	-
ID & money	Drivers License, CC, DC, some cash	0.7	0.7	Usually carry \$20-\$30 in cash	-
Compass	Brunton Nexus compass	0.9		Never gets disoriented in twisty canyons	Used sun and maps to determine direction
TOTAL		2.0	1.1		
TOTALS OUNCES		(oz)	(oz)		
(A) ITEMS ALWAYS WORN OR CARRIED, OR NOT IN PACK		70.4	65.9		
(B) ITEMS SOMETIMES WORN OR CARRIED, OR ALWAYS PACKED, A.K.A. "BASE WEIGHT"		219.2	160.7		
(A) + (B) = FULL OUT-OF-SKIN WEIGHT		289.6	226.6		
TOTALS POUNDS		(lbs)	(lbs)		
(A) ITEMS ALWAYS WORN OR CARRIED, OR NOT IN PACK		4.4	4.1		
(B) ITEMS SOMETIMES WORN OR CARRIED, OR ALWAYS PACKED, A.K.A. "BASE WEIGHT"		13.7	10.0		
(A) + (B) = FULL OUT-OF-SKIN WEIGHT		18.1	14.2		